

# DIABETIC RETINOPATHY SCREENING CHECKLIST

Updated 17/6/16

## WHEN TESTING VISION:

1. Explain the test
2. Position patient six metres from eye chart (or 3 metres from a 3 metre chart)
3. Test right eye then left eye for each of:
  - a) No glasses
  - b) If poor vision → test **pinhole**
    - Poor vision is 6/12 or worse
  - c) **With glasses** (if the patient normally uses them *for distance*)
    - Do not test vision with reading glasses
4. Record findings – always put the right eye first:
  - Type of vision:
    - No glasses = VA
    - Pinhole = VA<sub>PH</sub>
    - With glasses = VA<sub>BC</sub> (BC = best corrected)
  - Result (for each of the above):
    - Top line = 6
    - Bottom line = lowest numbered line they could read
      - E.g. 6/12 – when line 12 was the smallest they could read

## AFTER TAKING PHOTOS:

- a) Make sure you check the photos before the patient leaves and repeat them if they aren't good quality.
- b) If your camera does not automatically label the JPEG photo files with the patient's name then manually change the file name to include this information, e.g. Smith\_John\_R.jpeg

## WHEN SENDING PHOTOS:

If you are not transferring photos through MMex use the Diabetic Retinopathy Image Grading Request Form to record the patients information. Make sure you include all of the information:

- Full Name
- Gender
- Date of birth
- Visual acuity
- Type of diabetes
- Last screening date
- Care Plan type